

Andrea Flores Sanchez
May 8, 2020

Civic Action Tracking Sheet Documentation

*Item number for each completed activity on the Civic Action Tracking Sheet is provided and followed by the required documentation:

3. Find the sample ballot for upcoming elections

Sample ballot was retrieved from <https://www.miamidade.gov/elections/library/sample-ballots/2020-03-17-presidential-preference-primary-sample-ballot.pdf>

BE informed. BE involved. **OFFICIAL SAMPLE BALLOT - PRESIDENTIAL PREFERENCE PRIMARY**
MARCH 17, 2020 • MIAMI-DADE COUNTY, FLORIDA
BOLETA OFICIAL DE MUESTRA - ELECCIONES PRIMARIAS DE PREFERENCIA PRESIDENCIAL
17 DE MARZO DEL 2020 • CONDADO DE MIAMI-DADE, FLORIDA
ECHANTYON BILTEN VÖT ÖFISVEL - ELEKSVON PRIMÉ
PREFERANS PRIZIDANTSEL
17 MAS 2020 • KONTE MIAMI-DADE, FLORIDA

REGISTERED REPUBLICANS ONLY
REGISTRADOS COMO REPUBLICANOS SOLO
MOYIN KI ENKAYI KÖM REPUBLICAN SÖL MAN

REGISTERED DEMOCRATS ONLY
REGISTRADOS COMO DEMOCRATAS SOLO
MOYIN KI ENKAYI KÖM DEMOCRAT SÖL MAN

PRESIDENT / PRESIDENTE / PRIZIDANT
(Vote for 1 / Vota por 1 / Pote por 1)

☐ Ron DeSantis 10
☐ Joe Biden 11
☐ Donald J. Trump 12
☐ Joe Manchin 13

PRESIDENT / PRESIDENTE / PRIZIDANT
(Vote for 1 / Vota por 1 / Pote por 1)

☐ Michael Bloomberg 20
☐ Joe Biden 21
☐ Michael A. Bloomberg 22
☐ Cory Booker 23
☐ Pete Buttigieg 24
☐ Julian Castro 25
☐ John Delaney 26
☐ Tula Gabbard 27
☐ Amy Klobuchar 28
☐ David Patrick 29
☐ Bernie Sanders 30
☐ Joe Smith 31
☐ Joe Stiglitz 32
☐ Elizabeth Warren 33
☐ Marianne Williamson 34
☐ Andrew Yang 35

Florida is a Closed Primary State
Per Florida Law, only voters who are registered members of a political party may vote for that party's candidates in a primary election. Given the parties' candidates on the ballot, only registered Republican and Democratic voters are eligible to vote in the March 17, 2020 Presidential Preference Primary Election. In addition, all registered voters residing in the municipality of Surfbide are eligible to vote on their municipal ballot contest.

La Florida es un estado de elecciones primarias cerradas
Conforme a la ley de la Florida, solo los electores que son miembros inscritos en un partido político pueden votar por los candidatos de su respectivo partido en una elección primaria. Teniendo en cuenta los candidatos de los partidos que aparecen en la boleta, solo los electores inscritos en el Partido Republicano o Partido Demócrata son elegibles para votar en las Elecciones Primarias de Preferencia Presidencial que tendrán lugar el 17 de marzo del 2020. Asimismo, todos los electores inscritos que residen en el Municipio de Surfbide son elegibles para votar sobre el contenido de la boleta municipal.

Florida se yon eta kote elektsyon primé yo fimen
Según la Ley de Florida, se permiten votar en esta elección solo los miembros que pertenecen a un partido político. Dado que los candidatos de los partidos políticos aparecen en la boleta, solo los electores inscritos en el Partido Republicano o Partido Demócrata son elegibles para votar en las Elecciones Primarias de Preferencia Presidencial que tendrán lugar el 17 de marzo del 2020. Asimismo, todos los electores inscritos que residen en el Municipio de Surfbide son elegibles para votar sobre el contenido de la boleta municipal.

For more information, visit www.jamelectionready.org or call 305-499-VOTE (8643).
Para más información, visite www.jamelectionready.org o llame al 305-499-VOTE (8643).
Para TTY (sigla en Inglés) llame al 305-499-8480.
Pou pils enfomasyon, visite www.jamelectionready.org oswa rele 305-499-VOTE (8643).
Pou TTY, rele 305-499-8480.

Vote by Mail
Any registered Miami-Dade County voter can request to vote by mail.
The deadline to request a vote-by-mail ballot for the March 17, 2020 Presidential Preference Primary is 5:00 p.m. on Saturday, March 7, 2020.
The deadline to return a completed mail-in ballot is 10:00 p.m. on Election Day - March 17, 2020. In Surfbide, the deadline to return a completed mail-in ballot may be returned by 6:00 p.m. on Election Day.

Voto por Correo
Cualquier elector inscrito del Condado de Miami-Dade puede hacer un pedido para votar por correo.
El último día para solicitar una boleta de voto por correo para las Elecciones Primarias de Preferencia Presidencial es 5:00 p.m. el sábado 7 de marzo del 2020.
El día de entrega de la boleta de voto por correo es el día de las Elecciones, el 17 de marzo del 2020, a las 10:00 p.m. en Surfbide, el día de entrega de la boleta de voto por correo puede ser devuelto a las 6:00 p.m. el día de las Elecciones.

Vote pa Lapòs
Nesqui velt neski nes Konte Miami-Dade pte des muestre pte velt pa lapòs.
Dafinèl pte muestre pte lapòs velt pte velt pa lapòs pte des Elecciones Primarias Presidenciales 17 mas 2020.
Dafinèl pte muestre pte lapòs velt pte velt pa lapòs pte des Elecciones Primarias Presidenciales 17 mas 2020.
Dafinèl pte muestre pte lapòs velt pte velt pa lapòs pte des Elecciones Primarias Presidenciales 17 mas 2020.

Early Voting
Voto Anticipado
Vote Pi Bonè

Vote on Election Day
Vote el Día de las Elecciones
Vote Jou Eleksyon

4. Elected Officials in Florida:

- Governor: Ron DeSantis
- Lieutenant Governor: Jeanette Nunez
- State Treasurer: Jimmy Patronis
- Secretary of State: Laurel Lee
- Auditor General: Sherill Norman
- Attorney General: Ashley Moody
- Senators: Rick Scott and Marco Rubio
- My State Representative: Frederica S. Wilson
- Chief Judge: Bertila Soto
- Judicial Assistant: Maritza de Paul
- Chief Bailiff: Robert Reyes
- State's Attorney: Aramis Ayala

8. Sign 5 Social Issue Petitions

In the past few months, we have all witnessed the social, economic, ethical and political issues that have risen from the current outbreak, issues that imply disruptions on our regular lives and that, undoubtedly, will have lasting impacts. Though it is true that these are challenging times, it is also true that change can happen, and it will—if we actively and proactively search and promote it.

Personally, I was able to use the [Change.org](https://www.change.org) website as platform to advocate for change by signing petitions related to our current circumstances with COVID-19 and the hardships that result from it. From signing a petition requesting school buildings to be safe before they reopen, to supporting another one asking for personal protective gear for healthcare workers amid shortages; from backing a petition for hazard pay for postal service workers, to signing another one asking for caregivers to be allowed to visit hospitalized special needs patients; and so forth, this activity has made me believe that we can discover and/or continue our quest to contribute to social causes and thus invite social change.

Ultimately, having platforms like this illustrates that if more and more of us join together, propose change, and invite others to support it; if more and more of us value a cause and fight for it, more and more positive changes and potential solutions to the issues we face will come. Social change does not pertain only to huge and complex actions, like organizing a massive event and raising funds, but to simple ones, like going online and signing a petition, because both of these can truly make a difference, a real, meaningful difference.

18. Score for Practice Citizenship Exam

The screenshot shows the USCIS website's Civics Practice Test results. The browser address bar shows 'cis.gov/en/prep/test/civics/view'. The page header includes the USCIS logo and navigation links: 'Explore', 'Resources', 'Sign in', and 'Sign up'. The main heading is 'Civics Practice Test'. A blue box displays 'YOUR SCORE' as '100%'. To the right, a message says 'Good job! You answered 20 of 20 questions correctly.' Below this, it says 'If you would like to keep practicing, you can take another practice test.' and includes a button 'Take another practice test >'. A link 'Find an organization' is provided for those needing more help. A disclaimer at the bottom states that the practice test is not legal advice and that users should consult a lawyer for questions. A final note mentions that incorrect answers will be marked with a red X and correct answers with a green checkmark.

28. Plant or help maintain a tree, garden, native plant, food plant, or pollinator: Planting native plants at Amelia Earhart Park



Reflection on Experience:

Last Summer, I had the opportunity to volunteer at Amelia Earhart park with the local non-profit organization Urban Paradise Guild, which is dedicated to preserving our local environment in the hopes of having a positive impact on the global ecosystem. Besides learning about the organization's objectives, all volunteers learned about the uniqueness of the Floridian environment, from native flora to native fauna, and how each of these contributes to the enrichment of our State's landscapes. Additionally, we, as volunteers, learned more about habitat restoration, butterfly rehabilitation, and plant conservation.

Also, the organization's founder, Sam Van Leer, expanded on topics like sea level rise, which is a prominent environmental issue faced across the State of Florida and other coastal states and cities. Moreover, we were able to plant produce in a community garden, which is accessible to the communities around the park.

Personally, volunteering with Urban Paradise Guild was successful as it was not only engaging during the days of volunteering, but effective in improving my overall relationship with the environment, raising my awareness on the issues affecting it.

29. Calculate your Carbon Footprint

Using the [Carbon Emissions Calculator](#), I was able to discover my personal input of carbon emissions, something I had not considered on a deep level. I was aware that in a way or another, the things we do in our daily routines, whether these are old habits or new distractions, can be potentially harmful to the environment, but I did not put much mind to it. Things that seem small or insignificant to us, like leaving the lights on or letting the water run or leaving chargers plugged even if they are not being used or even in the foods we consume, we leave a track behind us. And whether we acknowledge this track or not, it is there, following us continually, causing irreversible harm for our community, our environment, our planet—for us.

For me, it was shocking to see how big my carbon footprint is, emitting 22.12 tons of carbon dioxide. But just as shocked I was, I was (and still am) determined to change my behaviors and activities in order to regulate and lower that number. For instance, I discovered that I can moderate my consumption of products, getting only what is necessary and being mindful about the methods I take on to obtain them. Also, I might reduce my energy use, limiting it to when it is needed, like at night when it is dark, but not turning the light on during the day. Additionally, I can turn off the devices that I am not using, and I can unplug any appliances and devices that are not needed. About commuting, I can continue to use public transportation or go walk, which is even better.

All in all, the impact our actions have on the environment is huge, even huger than we would like to know. That is why I valued taking this evaluation, it made me aware of the changes I can implement in my life to reduce my footprint and lessen my contributions to climate change, among other issues resulting from carbon emissions.

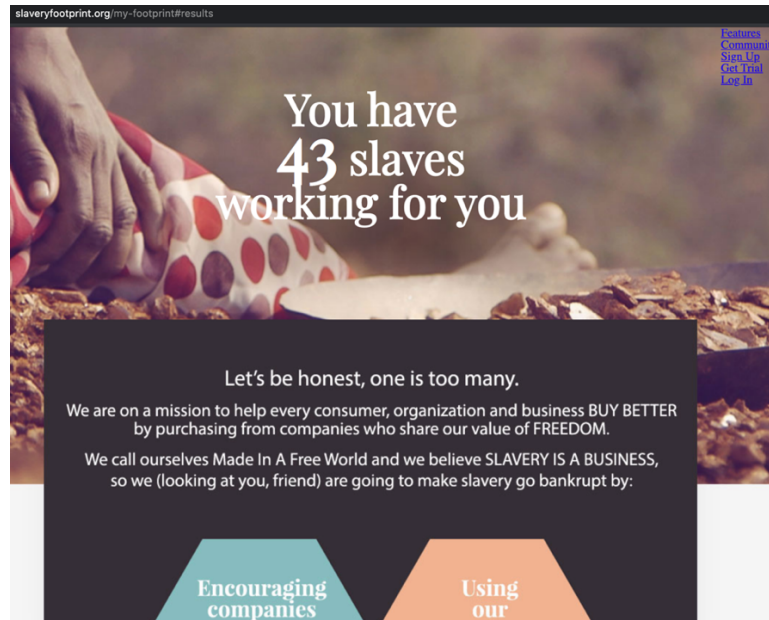


37. Calculate Slavery Footprint

Forty-three was the number. Forty-three were the lives. It was through the [Slavery Footprint website](#) that I learned how many slaves are currently working for me, a thing I was unaware of. It pains me to know this, but it pains me even more not knowing it earlier. Nevertheless, I am grateful this was brought to my attention, it is now a reminder that I have to be more mindful and aware of the role that I play in the world, either directly or indirectly, knowingly or unknowingly; a thing I think we should all learn and consider.

More often than not, we are ourselves slaves to consumerism, and it is unfortunate to see our inability to recognize this because as a consequence, we are accepting, promoting, and adding to a circle of oppression. It seems as though the more we are offered, the more we demand, and the more we demand, the more is demanded from laborers. This, in return, robs them for their rights, not only as workers, but as individuals, as human beings. And that is why as consumers, it is our responsibility to research and know more about the companies we buy from, from their policies to their working conditions to their waste management strategies and so forth. It is important to recognize more than just the products we consume, it is important to recognize the people behind them, from the gathering of materials, to the labor, to the promotion, to the selling. Undoubtedly, it is our duty to go beyond what we are being offered, to be curious, and ask questions. If we don't, we might indirectly contribute to slavery and the violation of human rights,

and that is what I learned by calculating my slavery footprint, and that is what I'll meditate when making my next purchase.



38. United Nations Sustainable Development Goals website and “We the People for the Global Goals” video

Link to website: <https://www.un.org/sustainabledevelopment/sustainable-development-goals/>

Link to video: <https://vimeo.com/140716856>

Reflection after reviewing website and watching video:

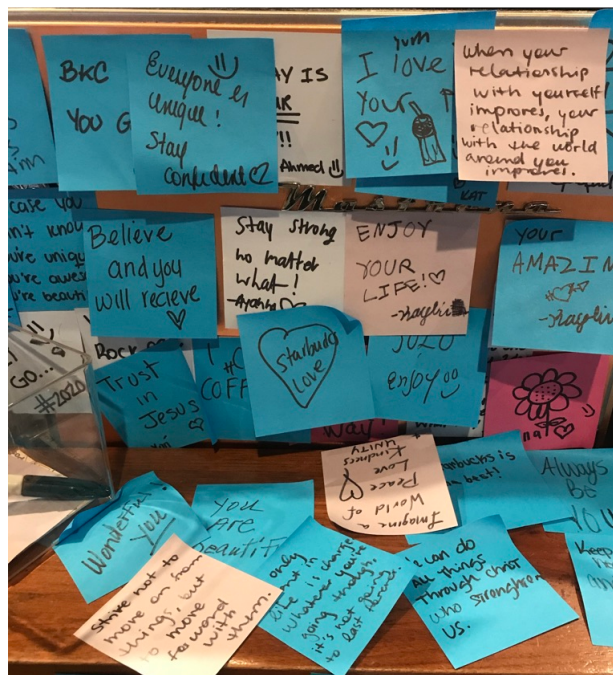
After looking at the seventeen goals for development proposed by the United Nations, it became clear to me that all the proposed goals, from ending poverty to fighting gender inequality, from providing access to education to promoting industrial growth, from achieving peace and justice to protecting life on land and below water, are of high importance. I think that all of these objectives are conducive to diminishing the challenges we face as a global community, so I cannot favor one over the other, because they are all connected to each other. For instance, if there is no poverty, or if it is reduced, chances are there is not going to be hunger; if there is no hunger, it is likely that health issues are less prevalent; if there are less health issues, there is greater well-being; if there is greater well-being, there are improved scenarios for teaching and learning; and so forth. And though the attainment of these goals is a continuing, long-term process (as said in the video it is estimated to take fifteen years to complete), it is a cause supported by many, and the more consciousness is raised, the more contributions are made, whether these are big or small. Ultimately, as global citizens it is our duty to make this happen, for us and for ours—for *all*.

39. Perform a Random Act of Kindness:

An act of kindness to me is an opportunity to cultivate the humanity that lives within us. It is a way to connect with others on simple yet complex levels and to make them not necessarily remember what you did, but how you made them feel.

Reaching out to and calling friends to see how they are doing during the current situation and let them know that one is there for them should they need anything, even if that is just listening to what they have to share. Giving thanks to professors, whether this is via email, in-person, during online sessions, at the end of lectures or even hand-written letters (if you're old school like me). Writing positive notes at Starbucks Coffee in the means to send hope, invite thought, and encourage reflection. All these acts are significant in a way, and all these acts bring good in small doses. At the same time, all these acts are done "randomly," all these actions are done then and there, because there is a sense of urgency to do them, because we have a genuine feeling to make others know how valued and appreciated they really are.

I think that is the beauty of kindness: our humanity, a part of us that should never be forgotten. It is beautiful to see how a moment of silence, a time to listen, a genuine smile, a “hello” or a “good morning” can make a difference. As I once read on a fortune cookie (not the most reliable source of information, I know) “[a] different world cannot be built by indifferent people,” and just simple yet impactful gestures can lead us to build the foundations for a different world.



43. Complete a Community Well-being Certification:

During these unprecedented times and the challenges that result, we, as individuals, are being affected in a way or another, and it is only natural that those challenges are translated to feelings of stress, frustration or nervousness. And that is why through all the hardships that may surge, we have to find an inner balance, to regulate and manage our stress in order to guide others

cope with these circumstances, even if the steps don't seem simple. That is why I took the Psychological First Aid Training offered by the American Red Cross, because I understand just how challenging it is to respond to and process everything that is going on and how important it is to be willing to learn, to try and find peace, and most importantly, to share it with others.

Certainly, the training was a way for me to further my understanding of the current situation and get better informed on recognizing signs of stress on others and on myself, on finding useful strategies to destress, on developing support approaches, and, overall, on building resilience. Moreover, going through the units of this course made me realize on how critical it is to create an atmosphere of compassion, to stay connected, and to give realistic reassurance to others, always being mindful of the ways in which we communicate. In short, I was able to learn more on taking care of the psychological needs we have as complex beings, enabling me to take better care of our socioemotional wellness.

Conclusively, from the initial awareness we have to the preceding attitudes we develop, it is the actions that we take to come together and support each other that matter the most, especially during these types of situations. Certainly, it seems as though our lives have been disrupted in a way, but that doesn't mean we cannot try and be well, that we cannot build on our skills and our strength, that we cannot take the time to listen to others, that we cannot be a friend where a friend is needed.



American Red Cross
Training Services

Certificate of Completion

Andrea Flores Sanchez

has successfully completed requirements for

Psychological First Aid: Supporting Yourself and Others During COVID-19 Online Only

Date Completed: 5/5/2020

Validity Period: 2 - Years

Conducted by: American Red Cross



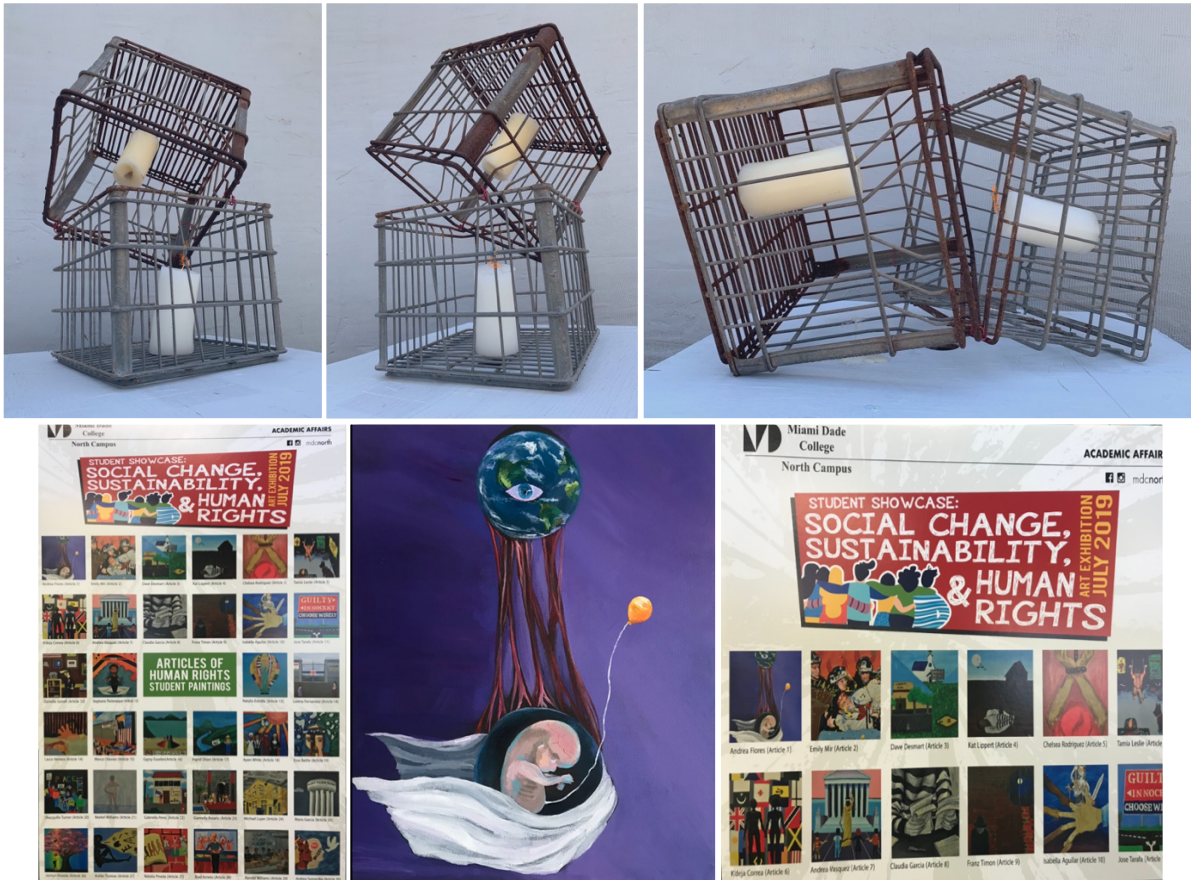
To verify certificate, scan code or visit redcross.org/digitalcertificate and enter ID.

Learn and be inspired at LifesavingAwards.org



0092D1S

45. Create art for an authentic audience on a social issue



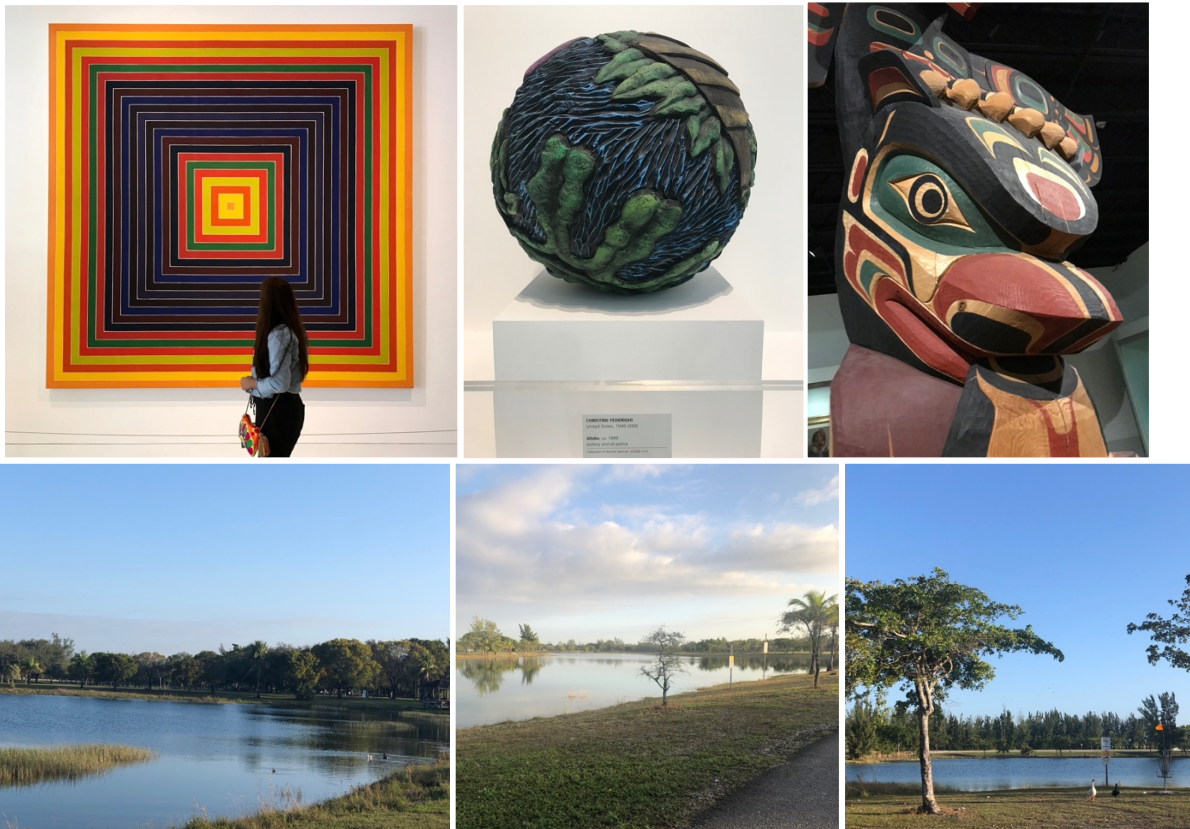
Having MDC faculty, staff, guests, and fellow students as an audience, I was able to present two art pieces related to social issues. The most recent one, shown above, is meant to illustrate the interconnectedness of the world and the social impact of the measures taken to mitigate the spread of COVID-19. The second piece, which was made last year, depicts Article I on the United Nations' Universal Declaration of Human Rights, which asserts that "All human beings are born free and equal in dignity and rights."

On the first piece presented on this document, two metal crates were used to illustrate the feelings of confinement brought up by quarantine, alluding to the mental, physical, and emotional concerns everyone is currently having. Two candles are used, one to represent and honor the lives of those who have lost the fight against this virus and another to acknowledge and give strength to those who remain on the fight, to those who just like their counterparts, are giving it their all. In short, this piece is a reminder that we have to remain strong and empathetic, stay safe and sane, and value all that we still have, and all that lies ahead, no matter how uncertain it is. Though no one knows what will happen next, change, the only constant in life, will come, making the journey to success and the obstacles it brought up just as meaningful as victory itself.

The second piece shown, as mentioned before, depicts Article I of the Universal Declaration of Human Rights. As a disclaimer, I would like to say that the fetus in the image is there to represent our existence as a whole and that only; I never had any ulterior intentions. Our existence is covered by a white mantle, portraying the protection we are all born with. A yellow

balloon is used to depict our separate existence, our individuality, showing that in acting and thinking as individuals we should keep up the efforts to contribute to world betterment. In the picture, life is connected to the Earth because being born to this world gifts us something much more valuable than any material thing, something that has no borders, no judgements; something that is truly our own and that no one should ever take away from us—our rights. Rights that watch over us no matter where we are on the globe, rights that sustain our life, that guide us through our journey and allow us to remember that just as we have them, we share them with others.

46. Visit a State Park, Museum or site of cultural significance: Amelia Earhart State Park and Lowe Museum of Art



Reflection on both experiences:

I believe that museums and parks are both spaces that promote social and individual enrichment, for they both encourage the mind to think and discover, the senses to feel and experience, and the body to move and explore. Having access to both places, and other public spaces (e.g. libraries), is something I think everyone in the community should be exposed to.

Personally, I did not always appreciate the rich history that these places possess, nor the interesting stories they are able to tell, but as the years went by, I became more grateful for what these sites have to offer.

Visiting the Lowe Museum of Art, I was able to go on a trip to vast lands and hidden treasures, getting to discover more about ancient cultures and modern traditions. From Asian artifacts to Western paintings, to African sculptures to Native American totems, the museum's collection was very expansive, and surely, a valuable learning experience.

About the visit to Amelia Earhart State Park, there is also lots to say. It was in a way a show of art on its own, where I had the chance to appreciate the blues of the sky and the whites of the clouds, the greens of the trees and the browns of the earth, carefully painted. Moreover, I was able to enjoy the sweet melodies of nature, from the wind going through the leaves of the trees to the birds chirping around.

All in all, both experiences were breathtaking in their own way. Truly, by getting immersed in these places and taking on these opportunities, we are granted a chance to explore and learn more about us as human beings, and thus about us as individuals.